

# Theo's Story





## Courageous 7-year-old Theo climbs Mount Snowdon for charity

Now happy, healthy and full of life, Theo was born with several complex heart defects that required a series of operations within his first few years and a secondary procedure to alleviate a brain haemorrhage he suffered during the first heart operation.

Theo had a tough time but remained spirited throughout and has grown into an appreciative and thoughtful young man. He has not let being on the cover of ECHO's "Eddie Echo" book go to his head and still talks to his parents!

### **The Big Snowdon Challenge**

On August 11<sup>th</sup> 2018, after 5 months of training, Theo and his parents took on the brave challenge of climbing an impressive 1085 metres to the summit of Mount Snowdon in a round trip that covered 10 miles - and raised over £2,000! What an adventure - a huge well done to Theo, who is definitely giving Bear Grylls a run for his money.

## **The Theo Fund**

Theo and his family's long term goal with [The Theo Fund](#) is to contribute to the support organisations that help all those in similar scenarios, so they can continue their great work.

*The Theo Fund is a long term project that aims to raise £50,000 for charities that support children and the parents of children with serious and life threatening conditions.*

It is inspired by and named after Theo, who is a patient of Great Ormond Street and Evelina Children's hospitals and beneficiary of four of the supported charities – ECHO, Ronald McDonald House, MediCinema and Great Ormond Street Hospital. Make a Wish is also supported in recognition of other, tougher journeys that many children and their parents face, that Theo and his family encountered during his own treatments.

Since 2010 Theo, his family and their friends and work colleagues have all played a part in getting the project going – big brother Jack's walked 100 miles over 4 days, mum Elissa took the plunge on her first ever cross country running race including huge involvement and support from many others.

## **Thank you**

We are so thankful for the ongoing support from our wonderful ECHO community members like Theo and his family. By fundraising for us, you can help us to support children and young people that suffer from heart conditions.

You can find out more about The Theo Fund at [www.theofund.com](http://www.theofund.com)

Learn about how you can fundraise for ECHO <https://echo-uk.org/get-involved/fundraise/>