

Lewis's Story



ECHO supporter Lewis decided to raise money for ECHO by pulling an 18-tonne truck with his bare hands!

Lewis decided to raise money for ECHO following the support friends of his received when their son [Henry](#) was born with a heart condition.

“After training at my new gym for a while I found out about an event that they do each year, a charity truck pull, this sounded like a great challenge so I put my name down!

Myself and my wife both signed up and we chose ECHO as our chosen charity, the reason is that the charity helped our friends a lot and supported them when their little boy Henry was having an operation on his heart at a very young age. It's a small charity but a very important charity as well.

We both attended weekly training practicing pulling landrovers and tyres. Unfortunately within a few weeks my wife Yasmin was advised to drop out of the truck pull due to medical grounds relating to a back problem.

I continued the training and soon the day of the pull was here! I was nervous but also excited, and ready to go with my ECHO t-shirt. My supporters were also there for me – including my friend's little boy Henry who has been supported by ECHO!

With this in mind and armed with my ECHO bear I harnessed up and focused on the job in hand – ready to show that the sponsor money everyone donated was worth it. I started pulling the truck, arms pulling legs pumping, and 37 seconds later I was over the line and done!

I felt so overwhelmed that it was over and I'd completed in a quick time, and all for a great cause. I went straight over to my friends and family and was greeted by Henry first, it was almost as if he recognised what I had done and it was a special moment.”

Wow – we give a huge thank you to Lewis and also his wife Yasmin who have

raised over £300 for ECHO.

ECHO receives no government or NHS funding and we need to raise every penny of the money we spend on [our services](#) – this is only possible with the help of supporters like Lewis.

[Find out how you can help ECHO continue operating its services.](#)

[Read Henry's story here](#), written by mum Chloe