

Travelling with a heart child

Planning a trip can be stressful enough without having a precious heart child to think about. But with a bit of planning and some useful tips you can hopefully look forward to your trip rather than worrying about it.

Travelling checklist

Once you've chosen your destination, use our checklist to make sure you have everything covered for a happy and safe family holiday. When all the boxes are ticked you can be on your way!

- Insurance
- Doctors/cardiologists know about your holiday plans
- Location of the nearest medical centre able to deal with your child's condition
- Ample supplies of medication
- Correct storage for medication
- Accommodation has suitable wheelchair access, lifts and adapted bathroom if needed
- Travel provider aware & can assist with any additional requirements
- Child's medical notes to hand
- Telephone details of child's doctor/cardiologist

Other useful information:

- [Travel insurance](#)
- [Travelling by car](#)
- [Travelling by sea](#)
- [Travelling by air](#)
- [Travelling by bus and coach](#)
- [Travelling by rail](#)