

### Frimley Park Hospital

## Car parking

Parking facilities for patients are available at the front of the hospital. A 'pay on foot' system operates for parking so you'll need to remember to take your parking ticket with you and pay for your parking before returning to your vehicle. Pay machines are located at the front of the car park opposite the main entrance and the emergency department. Payment can be made in cash or by card.

#### Parking charges

Up to 15 minutes - free 15 minutes to 2 hours - £3.00 2 to 3 hours - £5.00 3 to 4 hours - £5.50 4 to 5 hours - £6.50 Over 5 hours - £8.00

A seven day pass costing £15 can be purchased

From the 'pay on foot' parking machines.

#### Disabled parking

Parking bays for disabled patients and visitors are located closest to the hospital within the main car park.

Please show your valid blue badge at our car park office to obtain free parking.

Patients may be taken to and collected from the main entrance but please do not park cars in areas where there are double yellow lines or no parking signs. Road space must be kept clear for ambulances and other emergency traffic.

## Public Transport

#### Bus

The hospital is served by local bus operators. <u>Timetable information</u> is available from Surrey traveline. Tel 0871 200 2233

Stagecoach route 3 picks up and sets down at a bus stop in the hospital.



Stagecoach route 1 and 2, and Dicksons route 500 arrive at a bus stop a short walk from the hospital.

Bus services travel to/from a number of destinations in the local area, including Aldershot, Ash Vale, Blackwater, Camberley, Cove, Egham, Farnborough, Frimley, Heatherside, Mytchett, Staines, Sunningdale, Yateley

#### **Trains**

The nearest railway station is Frimley, although you may find it more convenient to use Farnborough and to complete your journey by bus or taxi. You can find out the times of <u>train services</u> from <u>Network Rail</u> or by calling 08457 484950.

Southwest Trains services from Waterloo to Guildford via Ascot serve Frimley station. From there you can take the short walk to the hospital or use bus routes 2 and 71.

More details of services can be found at <a href="https://www.traveline.org.uk">www.nationalrail.co.uk</a> or calling Traveline on 0871 200 2233.

#### Walking from Frimley train station (0.7 miles)

Head towards Frimley High Street and turn right. Stay on High Street, going straight over first miniroundabout (entrance to Waitrose on left). Soon after turn left at next small roundabout until you reach the A325 Portsmouth Road. Turn right on to the Portsmouth Road. Cross the road at the pedestrian crossing or at the traffic lights a little further along. Continue along Portsmouth Road and you will see Frimley Park Hospital on the left.

#### **Taxi**

AB Cars - 01276 66441

### **Facilities**

#### **Accessibility**

- Braille translation service
- Disabled parking
- Disabled WC
- Induction loop
- RNID typetalk
- Signing service available
- Wheelchair access
- Step free access (not answered)

There are parking bays close to the hospital for the disabled. Patients may be taken to and collected



from the main entrance but cars cannot wait in areas where there are double yellow lines or No Parking signs.

#### Accommodation

- Access to TV
- Public telephone
- Family accommodation (Don't know)
- Mobile phones permitted
- Single sex accommodation only
- New beds

The purchase of 540 new electronic profiling beds to improve patient comfort and reduce the risk of injury to staff. This means all 720 beds in the Trust are now fully adjustable at the touch of a button.

#### Faith services

- Prayer area
- On-site chapel

#### Food and amenities on-site

- Cafe
- Patient library
- Pharmacy
- Shop

#### **Parking**

- Car Parking
- Cycle parking
- Disabled parking

There are parking facilities for patients at the front of the hospital, although demand is high between 2pm and 3pm. Charges apply.

#### **Pinetrees Restaurant**

Based on the first floor, Pinetrees offers a full range of hot and cold meals, sandwiches, snacks, fresh fruit and beverages to eat in or take away. Pinetrees restaurant and coffee shop is open seven days a week.

Breakfast: 7.30am to 11am Lunch: 12 noon to 2pm Dinner: 6pm to 8pm

The coffee shop is open from 7.30am to 8pm



#### Café Glade

Located on the ground floor just past the hospital's main entrance reception, Café Glade is open seven days a week offering a selection of hot and cold snacks and beverages.

Monday to Friday: 7.30am to 9pm Saturday and Sunday – 9.30am to 7pm

#### **Baguette shop**

The baguette shop can be found on the ground floor opposite the main entrance reception. It offers a variety of freshly prepared baguettes, baps, rolls and sandwiches as well as drinks, crisps and fruit from Monday to Friday, 9.30am to 3.30pm.

#### **RVS** shop

Located on the right as you arrive through the hospital's main entrance, this well stocked shop sells a variety of items including newspapers and magazines, cards, stamps, toiletries, confectionery, bottled and canned drinks, groceries and snacks and gifts. Ten percent of profits help to support local emergency services. Remaining profits are donated to the Frimley Health Charity which raises funds to provide state of the art equipment and facilities not provided by the NHS

Monday to Friday: 8.30am to 7.30pm

Saturday: 11am to 5pm Sunday: 2pm to 5pm

#### Second hand book shop

Run by volunteers, this is located next to the RVS shop in the hospital's main reception foyer. Donations of books for adults and children are gratefully received and all money raised is used to buy medical equipment for the hospital.

#### Cash machine

Located on the ground floor just beyond Café Glade at the base of the stairs leading to the first floor.

#### Taxi phone

This is located in the main entrance and is free to use.

### Other CHD related health care professionals



# nurse specialists

Eileen Baird Cardiac nurse specialist