

# Cardiac antenatal support

## [Frequently Asked Questions](#)



A guide to some of the most frequently asked questions about your care and delivery.  
[read the faqs](#)

## [Useful information: your time in NICU](#)



Some useful links and resources about taking care of yourself and your baby while in NICU (Neonatal Intensive Care Unit)  
[find out more](#)

## [Amanda's Story](#)



ECHO Antenatal Class volunteer Amanda tells her story of her daughter Tilly's diagnosis, surgery and recovery, and gives some advice on what to expect and bring with you when you go to hospital for your child's treatment.

[hear from amanda](#)

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## [Messages of support and advice from parents](#)



Some messages of support and advice from parents in the ECHO heart community.

[read messages of support](#)

## [Suggestions of what to pack for your hospital stay](#)



Suggestions of what to pack for your hospital stay.

[What to pack for hospital](#)

## [An introduction to the Antenatal Ward](#)



ECHO member Chloe recalls her own experience in the Antenatal Ward at St Thomas' Hospital, to give an introduction and some advice about your stay.

[read chloe's introduction](#)

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## [Photos from NICU & PICU](#)



Photos from NICU & PICU, provided by parents

[Photo Gallery](#)

## [How to support your partner](#)



Advice on how to support your expectant partner

[Advice on supporting your partner](#)