

Paediatric Cardiology Virtual Online Parents' Group

- Would you like to know more about supporting your child with their emotions and behaviour and helping them to cope with their heart condition and treatment?
- Would you like to meet other parents who have had similar experiences?

ECHO together with the Evelina London Paediatric Cardiology Team are running a group for parents of children with a heart condition. The group aims to provide a space for parents to share experiences and ideas with one another around supporting their child and family's emotional well-being.

The following topics will be covered:

- Monday 13th January 2025: <u>Supporting your Child to Prepare for and Cope with Hospital Visits</u>
- Monday 10th March 2025: <u>Supporting Your Child with Their Emotions</u>
- Monday 12th May 2025: Talking to Children About Their Heart Condition/Treatment
- Monday 14th July 2025: Promoting Positive Behaviour
- Monday 8th September 2025: Supporting Siblings
- Monday 10th November 2025: <u>Parental Well-Being</u>
- Monday 12th January 2026: Managing the Transition to Young Adulthood and Adult Services

If you would like to come along, please complete the referral form.

We hope you will find the group helpful and very much look forward to seeing you there.

Dr Niki Gregg, Highly Specialist Clinical Psychologist Paediatric Cardiology Psychology Service And Samantha Johnson, ECHO Chief Executive

Child's Details

Child's Name:
Child's date of birth:
DD slash MM slash YYYY
Name of child's Evelina Consultant Cardiologis

Parent/Carer Details

Please note that by providing your contact details you consent to be contacted by the Evelina London and ECHO and receive details a	about the
group.	

Name of Parent/Carer attending:



Relationship to Child:
Telephone Number:
Email address:(Required)

Additional Support Needs

Please let us know if you have any additional support needs that you would welcome assistance with prior to or during the group. Additional Support Needs

Do you have any questions for us about the group?

Any questions?

Consent

Consent

☐ Please check if you are happy to receive further information about the group and have read the group information sheet provided

Thank you for taking the time to complete the referral form.

PLEASE NOTE: We are not an emergency service and do not read referral forms on a daily basis. If you have urgent concerns about mental or physical health, please contact your GP to request an urgent on the day appointment or call 111 for urgent advice. If it is an emergency and/or you are concerned about immediate safety, please call 999 or attend A&E.

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