

# How We Celebrated National Heart Month



This year, ECHO celebrated National Heart Month by inviting everyone to wear red, and hold a fundraising event in their local community, school, church or online.

We were amazed at the drive and passion of our supporters, members, volunteers and friends.

Together, you raised over £3,000 for ECHO (and counting!) by holding events and fundraising in your community.

We'd also like to thank everyone who came along to Evelina London Children's Hospital and made our [Heart Month Celebration Party](#) such a lovely time, giving children and their families on the wards a fun afternoon of arts, music and a performance from the London Children's Ballet.

ECHO held our second annual Heart Month celebration event to give children and families an afternoon to enjoy, together with doctors, nurses and other medical staff.

Thank you to Love Smoothie Bike for providing everyone with endless fun in the challenge of blending our own red smoothies via pedal power!

Here's to another year of supporting a growing heart community, with your help!